

Loureen Prudente, a teen athlete from Troy's Athens High School, was honored by The Partnership at Drugfree.org. in conjunction with Major League Baseball Charities, with the first-ever Commissioner's Play Healthy Awards during The Partnership at Drugfree.org's annual gala at the Waldorf-Astoria in New York city in December 2010.

Judged by a panel of parents, coaches and industry professionals, Prudente's nomination was selected out of hundreds of nominees based on her commitment to fair and healthy play within her sport, in addition to her community involvement.

Loureen is involved in Cross Country at Athens. She knows that exercising, eating healthy foods and refraining from using drugs, alcohol and tobacco products are all a positive way to be healthy and increase her athletic performance.

Loureen was instrumental in organizing and participating in the 5K 4 TTA (Teens Taking Action) to promote a healthy lifestyle. She knows that if people are interested in exercising and keeping physically fit, they are less likely to abuse drugs, alcohol and tobacco.

Prudente has demonstrated her commitment to a drug-free lifestyle on and off the playing field. Known for raising awareness among her cross-country teammates and peers about ways to have fun and compete without the use of drugs. Prudente also volunteers her time presenting a prevention program on the risks of tobacco use to elementary and middle school students.

Nominating Loureen for this honor was Nancy Morrison, Youth Director for the Troy Community Coalition. She sees Loureen as one of the shining stars of the Teens Taking Action program.

"Loureen has been involved with numerous prevention activities in our community. I am extremely proud of Loureen and all the work she has done. She is an exceptional individual who is respectful, thoughtful and intelligent. It is with my highest professional recommendation that I am nominating Loureen Prudente for the Play Healthy Award," Morrison stated.

Prudente received a trip to New York City for herself and one special guest, two tickets to The Partnership at Drugfree.org's gala, a \$1,000 gift card, and a commemorative plaque presented by Major League Baseball Charities.